

Trainingsplan Oktober



		U7/U9	U11	U13	U15	U17	U20	EHS	Infos
Mi.	1.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	6.30-7.30(U15-20) TW (U9-U13)
Do.	2.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	3.			Feiertag					
Sa.	4.		07:15 Hannover-YG	08:00 YG-HSV		14:30 YG-Duisburg		12.30-13.30ET	
So.	5.				08:00 YG-Crocos				
Mo.	6.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		TW-Training alle Teams
Di.	7.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	8.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	6.30-7.30(U15-20) TW (U9-U13)
Do.	9.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	10.			16.15-17.00TT 17.30-18.45ET(A)	18.00-18.30TT 19.00-20.15ET(B)	19.15-19.45TT 20.15-21.15ET	20.15-21.15ET		
Sa.	11.	7:15 U9 Hannover-YG	08:00 YG-Sailors		13:00 YG-HSV		18:00 YG-BHV	11.00-12.00ET	
So.	12.			07:00 BHV-YG		17:00 Kassel-YG	10:30 YG-BHV		
Mo.	13.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT	10.00-11.00(ET)	11.15-12.30/17.00-18.15ET 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		TW-Training alle Teams
Di.	14.	12.30-13.45ET		17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	15.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT		12.15-13.30ET	12.15-13.30ET	14.30-15.30ET(A)	TW-Training (U9-U13)
Do.	16.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	17.		10.45-11.45ET	16.15-17.00TT 17.30-18.45ET(A)	18.00-18.30TT 19.00-20.15ET(B)	19.15-19.45TT 20.15-21.15ET			
Sa.	18.	13.45-15.00ET		08:00 YG-HSV	07:30 HSV-YG	15:00 Frankfurt-YG		11.00-12.00ET KHD	
So.	19.		07:30(Sande) BHV-YG		08:00 YG-BHV	12:15 Nauheim-YG			
Mo.	20.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT	10.00-11.00ET	17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	11.15-12.15/19.45-21.00ET 18.30-19.30TT		TW-Training alle Teams
Di.	21.	12.30-13.45	12.30-13.45	17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	22.	14.30-15.30ET(A) 15.45-16.15TT	15.30-17.00ET(B) 17.15-18.00TT	15.30-17.00ET(A) 17.15-18.00TT	13.00-14.15ET	13.00-14.15/17.15-18.30ET 18.45-19.30TT		14.30-15.30ET(A)	TW-Training (U9-U13)
Do.	23.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT	13.00-14.15ET	16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	24.			15.00-16.30ET	15.00-16.30ET	8.30-9.45ET	8.30-9.45ET		Profi-Spiel
Sa.	25.	12.15-13.45ET	12.15-13.45ET		10:00 BHV-YG	19:30 YG-Chemnitz	17:45 Nauheim-YG	11.00-12.00ET	
So.	26.			12:45 Sailors-YG	12:30 Hannover-YG	11:00 YG-Erfurt	12:15 Nauheim-YG		
Mo.	27.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		TW-Training alle Teams
Di.	28.								Profi-Spiel
Mi.	29.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	6.30-7.30(U15-20) TW (U9-U13)
Do.	30.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT						Profi-Spiel
Fr.	31.			Feiertag					

(A) Gästekabine

(B) Nachw.trakt

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		U7/U9	U11	U13 SGA	U13 SGB	U15	U17
Sa.	4.						
So.	5.			08:00 SGA-Crocos	12:15 Hannover-SGB	07:30 BHV/Sande-SG	
Sa.	11.						
So.	12.						
Sa.	18.						
So.	19.						
Sa.	25.						14:30 YGB-Fass
So.	26.			12:15 Hannover-SGA		08:00 SG-BHV/Sande	
Fr.	31.						18:50 Crocos-YGB

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