

Trainingsplan November



		U7/U9	U11	U13	U15	U17	U20	EHS	Infos
Sa.	1.		07:30 YG-Adendorf	NEV in Bremen		19:30 YG-ETC	19:00 Erfurt-YG	11.00-12.00ET	
So.	2.			07:30 YG-BHV		11:00 YG-ETC	12:00 Erfurt-YG		
Mo.	3.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		13.45-14.30(U13-15) TW (alleTeams)
Di.	4.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	5.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	TW-Training (U9-U13)
Do.	6.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	7.			16.15-17.00TT 17.30-18.45ET(A)	18.00-18.30TT 19.00-20.15ET(B)	19.15-19.45TT 20.15-21.15ET	20.15-21.15ET		
Sa.	8.	16:45 U9 SZ/BRL		Turnier Augsburg				11.00-12.00ET	
So.	9.			Turnier Augsburg					
Mo.	10.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		13.45-14.30(U13-15) TW (alleTeams)
Di.	11.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	12.	14.30-15.30ET(A) 15.45-16.15TT	15.30-17.00ET(B) 17.15-18.00TT	15.30-17.00ET(A) 17.15-18.00TT		17.15-18.30ET 18.45-19.30TT		14.30-15.30ET(A)	TW-Training (U9-U13)
Do.	13.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	14.			15.00-16.30ET	15.00-16.30ET				Profi-Spiel
Sa.	15.	10:00 U9 BHV				19:30 YG-Weißwasser		11.30-12.30ET	
So.	16.					11:00 Weißwasser-YG			
Mo.	17.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		13.45-14.30(U13-15) TW (alleTeams)
Di.	18.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	19.	14.30-15.30ET(A) 15.45-16.15TT	15.30-17.00ET(B) 17.15-18.00TT	15.30-17.00ET(A) 17.15-18.00TT		17.15-18.30ET 18.45-19.30TT		14.30-15.30ET(A)	TW-Training (U9-U13)
Do.	20.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	21.			15.00-16.30ET	15.00-16.30ET				Profi-Spiel
Sa.	22.		07:30 YG-Sailors			13:30 Essen-YG	16:00 YG-Duisburg	11.00-12.00ET GHD	
So.	23.			12:15 Hannover-YG		10:45 Essen-YG	10:30 YG-Duisburg		
Mo.	24.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		13.45-14.30(U13-15) TW (alleTeams)
Di.	25.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	26.	14.30-15.30ET(A) 15.45-16.15TT	15.30-17.00ET(B) 17.15-18.00TT	15.30-17.00ET(A) 17.15-18.00TT		17.15-18.30ET 18.45-19.30TT		14.30-15.30ET(A)	TW-Training (U9-U13)
Do.	27.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	28.			15.00-16.30ET	15.00-16.30ET				Profi-Spiel
Sa.	29.	07:30 U9 Sailors	10:00 YG-Adendorf				14:30 YG-Nauheim	12.30-13.30ET	
So.	30.		07:30 Sailors-Sailors				11:00 YG-Nauheim		

(A) Gästekabine
(B) Nachw.trakt

YOUNG-GRIZZLYS.DE



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		U7/U9	U11	U13 SGA	U13 SGB	U15	U17
Sa.	1.					07:00 Adendorf-SG	
So.	2.					08:00(in SZ) SG-HannoverB	
Sa.	8.				12:45 Tim/HSV-SG		08:00(WOB) YGB-Crocos
So.	9.			13:00 Fass-SG			
Sa.	15.			10:45 Harsefeld-SG	07:15 Crocos-SG	07:00 Sailors-SG	20:30 BHV-YGB
So.	16.					08:00(in SZ) SG-BR./Hars.	
Fr.	21.						18:00(BRL) YGB-Hannover
Sa.	22.				10:45 Harsefeld-SG	07:00(in BRL) SG-Sailors	
So.	23.			08:00(in SZ) SG-Adendorf		07:00(in BRL) SG-CET/HSV	
Sa.	29.			16:30(in BRL) SG-Bremen			
So.	30.				08:00(in SZ) SG-Bremen	12:15 Hannover B-SG	

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