

Trainingsplan Januar



		U7/U9	U11	U13	U15	U17	U20	EHS	Infos
Do.	1.	FROHES NEUES JAHR!							
Fr.	2.			15.00-16.30ET	15.00-16.30ET				
Sa.	3.				08:30 BHV-YG		19:15 Adler-YG		
So.	4.			07:30 YG-BHV			11:00 Adler-YG		
Mo.	5.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		13.45-14.30(U13-15) TW (alleTeams)
Di.	6.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	7.	14.30-15.30ET(A) 15.45-16.15TT	15.30-17.00ET(B) 17.15-18.00TT	15.30-17.00ET(A) 17.15-18.00TT		17.15-18.30ET 18.45-19.30TT		14.30-15.30ET(A)	TW (U9-U13)
Do.	8.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	9.			15.00-16.30ET	15.00-16.30ET				Profi-Spiel
Sa.	10.		07:30 YG-Hannover		14:30 YG-DresdenB		20:30 BHV-YG	11.00-12.00ET	
So.	11.						16:00 BHV-YG		
Mo.	12.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		13.45-14.30(U13-15) TW (alleTeams)
Di.	13.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	14.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	TW (U9-U13)
Do.	15.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	16.			16.15-17.00TT 17.30-18.45ET(A)	18.00-18.30TT 19.00-20.15ET(B)	19.15-19.45TT 20.15-21.15ET	19.15-19.45TT 20.15-21.15ET		
Sa.	17.	08:00 U9 Wolfsburg				19:30 Weisswasser-YG	16:50 Crocus-YG	11.00-12.00ET	
So.	18.	07:00 U9 Adendorf		08:00 YG-HSV	12:30 Hannover-YG		12:25 Crocus-YG		
Mo.	19.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		13.45-14.30(U13-15) TW (alleTeams)
Di.	20.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	21.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	6.30-7.30(U15-20) TW (U9-U13)
Do.	22.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	23.					18:30 YG-Kassel			
Sa.	24.		Turnier Weisswasser	07:30 YG-SAILORS	7:15 Hannover-YG	13:45 Kassel-YG	14:30 YG-Adler	11.00-12.00ET	
So.	25.		Turnier Weisswasser	07:00 BHV-YG			12:00 YG-Adler		
Mo.	26.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		13.45-14.30(U13-15) TW (alleTeams)
Di.	27.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		
Mi.	28.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	6.30-7.30(U15-20) TW (U9-U13)
Do.	29.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		TW (U15-U20)
Fr.	30.			16.15-17.00TT 17.30-18.45ET(A)	18.00-18.30TT 19.00-20.15ET(B)	19.15-19.45TT 20.15-21.15ET	19.15-19.45TT 20.15-21.15ET		
Sa.	31.		07:00 Adendorf-YG	12:45 Sailors-YG	14:00 Weisswasser-YG		19:30 YG-Erfurt	11.00-12.00ET	

(A) Gästekabine

(B) Nachw.trakt

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		U7/U9	U13 SGA	U13 SGB	U15	U17
Sa.	3.		07:15 Crocus-SG			07:30 YGB-BHV
So.	4.			08:00(inSZ) SG-Harsefeld		
Sa.	10.					
So.	11.		07:30 Rostock-SG			
Sa.	17.		07:00 Adendorf-SG	07:00(in BRL) SG-HannoverB		20:00 Rostock-YG
So.	18.					
Sa.	24.		10:00 Bremen-SG	07:00(in BRL) SG-Adendorf		
So.	25.					
Sa.	31.					

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