

Trainingsplan August



		U7/U9	U11	U13	U15	U17	U20	EHS	Infos
Sa.	1.								
So.	2.								
Mo.	3.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT	13.15-14.30ET	17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		TW-Training alle Teams
Di.	4.	14.30-15.30ET	15.30-16.45ET	13.15-14.15ET(B) 17.00-18.00ET	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		TW-Training U13/17/20
Mi.	5.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT	18.45-20.00ET	20.15-21.30ET	20.15-21.30ET	14.30-15.30ET(A)	TW-Training U7-U13
Do.	6.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		
Fr.	7.			12.30-13.30ET 18.15-19.15ET(A)	18.00-18.45TT 19.15-20.15ET(B)	19.15-19.45TT 20.15-21.15ET			TW-Training U13/15/17
Sa.	8.	15.15-16.45ET		13.45-15.00ET					
So.	9.								
Mo.	10.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT	11.00-12.00ET	18.45-20.00ET 18.00-18.30TT	12:15-13.30ET 13.45-14.45TT	20.00-21.00ET(A) 18.30-19.30TT		TW-Training alle Teams
Di.	11.			17.15-18.30ET(B) 18.45-19.30TT	16.45-18.00TT 18.30-19.30ET(A)	18.00-19.15TT 19.45-21.30ET	18.00-19.15TT 19.45-21.30ET		TW-Training U13/17/20
Mi.	12.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT	12.15-13.15ET	13.30-14.30ET		14.30-15.30ET(A)	TW-Training U7-U13
Do.	13.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT		16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		
Fr.	14.			16.15-17.15TT					
Sa.	15.	11.15-12.30ET			13:00 YG-Krefeld	17:30 ETC-YG			
So.	16.	Saison Auftaktfeier Teamfest der YG				08:30 ETC-YG	10.00-17.00 Uhr		
Mo.	17.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		TW-Training alle Teams
Di.	18.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		TW-Training U13/U17/U20
Mi.	19.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	TW-Training U7-U13
Do.	20.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT	16.00-17.00TT TH	16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		
Fr.	21.			16.15-17.00TT 17.30-18.30ET(A)		19:00 YG-Iserlohn			
Sa.	22.		11.45-13.00ET	14:00 WSW-YG	13:00 EBB-YG				
So.	23.	U9 Turnier 9.30-18.00		10:30 WSW-YG					
Mo.	24.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		TW-Training alle Teams
Di.	25.			17.00-18.15ET(B) 18.30-19.15TT	16.45-17.45TT 18.15-19.15ET(A)	18.00-19.00TT 19.30-20.45ET	19.30-20.30TT 20.45-21.45ET(A)		TW-Training U13/U17/U20
Mi.	26.	14.30-15.30ET(A) 15.45-16.15TT	15.30-16.45ET(B) 17.00-18.00TT	17.00-18.30ET(A) 18.45-19.30TT				14.30-15.30ET(A)	TW-Training U7-U13
Do.	27.	14.30-15.30ET(A)	15.30-16.30ET(B) 16.45-18.00TT	16.00-17.00TT TH	16.45-17.45ET(A) 18.00-19.00TT	17.45-19.15ET 19.30-20.30TT	18.15-19.15TT 19.30-20.45ET(A)		
Fr.	28.				18.00-18.45TT 19.15-20.15ET(B)	19.15-19.45TT 20.15-21.15ET			TW-Training U15/U17
Sa.	29.	8.30-9.30ET		12:45 YG-Leipzig					
So.	30.	U7 Turnier 8.00-16.30							
Mo.	31.	14.45-15.45ET(A)	15.45-16.45ET(B) 17.00-18.00TT		17.00-18.15ET(A) 18.30-19.30TT	18.15-19.30ET 19.45-20.30TT	19.45-21.00ET(A) 18.30-19.30TT		TW-Training alle Teams

(A) Gästekabine

(B) Nachw.trakt

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